

Robotic Prostatectomy Instructions **Date of Surgery:** _____ **Arrival time:** _____

When you have your surgery scheduled we suggest that you start on two medication: Iron tablets as directed on the bottle and Vitamin C 500mg every day to enhance the quality of your blood, but only if you are not allergic to these medication.

___ Stop the following medication **5 days** prior to and after your surgery:
* **Ibuprofen products** * **Aleve Products** * **Fish Oil** * **Vitamine E** * **Ginko**
* **Glucosamine** * **Celebrex** * **Brillintan (Ticagrelor)**

___ Stop the following medication **10-14 days** prior to and after your surgery:
* **Plavix**

___ Stop the following medication **7 days** prior to and after your surgery
* **Aspirin** * **Effient (prazugrel)** * **Aggrenox** * **Pradaxa (dabigantran etexilate)**

___ Stop the following medication at least **5 day** prior to and after your surgery:
* **Coumadin**

___ Stop the following medication at least **24hrs** prior to and after your surgery:
* **Xarelto (Rivaroxaban)**

The doctors will order a blood test that is used to test your bloods clotting time. It is for your own protection and it may not be covered by your insurance. This will be done with your primary care doctor when you have your pre-op clearance appt.

___ Two days before your surgery you need to eat a well balanced meal and spend some time with your family just because you may not want to after your surgery. You will want to eat a good meal because the next day and until after your surgery you will be on a clear liquid diet.

___ The day before your surgery you need to be on a clear liquid diet (no milk or milk products.)

This includes:

- * Water * Tea or coffee without cream
- * Clear Juices (apple, cranberry, grape, lemonade, orange without pulp)
- * Sports drinks * Clear broth or bouillon
- * Popsicles (no fruit or cream) * Gelatin (no fruit or cream)

Try to stay hydrated and drink a lot of fluids the day before your surgery. It will help after the surgery and make it easier for the pre-op nurses start your IV. Anesthesia will call you the day before to talk about your health history and how they put you to sleep.

___ The day before your surgery you need to be at Mercy hospital between 8:00 and 10:00 am to have your blood drawn for the type and cross match of the blood for your surgery. **IT IS VERY IMPORTANT THAT YOU DO NOT LET THE BLOOD BAND COME OFF YOUR WRIST OR THEY WILL HAVE TO DRAW YOUR BLOOD AGAIN AND THIS WILL DELAY YOUR SURGERY.**

___ The day before your surgery: drink one 8oz bottle of magnesium citrate between 12-2pm. Expect a laxative effect. This laxative may be purchased at any pharmacy. No prescription needed.

___ Shower with an over-the-counter antibacterial soap the evening before or the morning of the surgery.

******Do Not eat or drink anything after midnight. No gum, mints, hard candy or chewing tobacco is allowed after midnight before the surgery. You may brush your teeth but be sure to rinse and spit. DO NOT SWALLOW******

