

PRE-TEST INFORMATION FOR URODYNAMICS

1. Urodynamics is a study of the nerves and muscles of the bladder, urethra, and sphincter muscle (control mechanism). Urodynamics can be used selectively by your Healthcare Provider when determining what may be causing your urinary symptoms. The Urodynamics testing will help your Healthcare provider determine the best treatment.

2. A complete Urodynamics study includes a combination of test. The study may be modified based on your individual situation.

3. If you are a patient with artificial joints, pacemaker, or mitral valve disease, please advise your Healthcare provider; so that appropriate care maybe taken for your situation. If you have any of the above or a history of (frequent) UTI's. Please contact the office if you have not received a prescription. **If you have a history of UTI you will have to take antibiotics for 5 days twice daily, starting 2 days before the procedure. The day of the procedure, and 2 days after the procedure. All other patients will receive a prescription for 3 days of antibiotics twice daily, day before, day of and day after your procedure.**
Please call the office at (785 537-8710) if you need clarification.

4. **You need to eat and drink as usual the day of your exam.** There is no need to force fluids. We do ask that you report to the Urology office with a full bladder. The goal is to have a feeling of wanting to urinate, but not a feeling of uncomfortable urgency. A normal-urge to urinate will help provide the most accurate results for this portion of the study.

5. **If you are currently on bladder medication we ask you to stop the medication 3 days prior to the procedure, unless instructed otherwise. This assists in obtaining accurate information when doing the testing. If medication is not stopped it will be necessary to reschedule the procedure. Those medications may include Sanctura, Vesicare, Enablex, Detrol, Ditropan, Oxybutynin, Oxytrol, Flomax, Toviaz and Urecholine.**

6. DO NOT TAKE ANY TYPES OF LAXATIVES THE DAY OF THE PROCEDURE.

7. Please plan to be at the Urology office for 1-2 hours. Due to the complexity of the testing you may want to call prior to leaving your house to make sure we are on time since it is difficult to anticipate the exact time needed for each procedure.

8. Female patients should reschedule the procedure if on their Menses.

9. If you have a small child having the Urodynamics procedure, please bring something that brings comfort to the child. This might be a stuffed animal or something that helps them to feel more secure. We will ask that one parent comes back to the Urodynamics lab with your child. Your role will be to support your child through this procedure. The Healthcare provider will explain the procedure and give the instructions to your child.
If you are unable to keep your appointment please notify the office to reschedule or cancel within 24 hours. It will be necessary to charge a \$50.00 fee if we are not contacted due to the amount of the scheduled for this procedure.

Your appointment for the Urodynamics Procedure is:
