

ASSOCIATED UROLOGISTS, PA 785-537-8710  
TRANSRECTAL PROSTATE BIOPSY INSTRUCTIONS (TRUS)

Your appointment is scheduled for \_\_\_\_\_ @ \_\_\_\_\_ arrival time of \_\_\_\_\_.

You are scheduled to have a transrectal prostate biopsy (TRUS) preformed under ultrasound guidance. A needle is passed through the rectal wall into the prostate. For this reason it is extremely important that you take ALL antibiotic and follow the checked instructions.

\_\_\_\_ Notify the nurse if you have an artificial join, heart valve or any allergies to Penicillin/Rocephin.

\_\_\_\_ Stop the following mediation **10-14 days** prior to your procedure.

- Plavix

\_\_\_\_ Stop the following medication **7 days** prior to your procedure.

- Effient (prasugrel)

\_\_\_\_ Stop the following medications **5 days** prior to your procedure.

- Aspirin
- Ibuprofen products (Motrin, Advil)
- Naproxen products (Aleve)
- Celebrex
- Fish Oil
- Vitamin E
- Glucosamine
- Ginkgo
- Brilinta (ticagrelor)
- Coumadin
- Aggrenox
- Pradaxa (dabigatran etexilate)

\_\_\_\_ Stop the following medications **2 days** prior to your procedure.

- Xarelto
- Eliquis

\_\_\_\_\_ You will be prescribed/given 2 antibiotic prior to your procedure.

\_\_\_\_\_ The first one will be a prescription of an oral medication that you will start the morning of the procedure and take twice a day for 3 days.

\_\_\_\_\_ The second antibiotic will be an intramuscular injection that you will be given 1 hour prior to the procedure unless you are allergic to Penicillin or Rocephin. You need to be here 60 min prior to your scheduled time.

\_\_\_\_\_ You will be given a prescription for a Dulcolax suppository The suppository looks like a wax bullet. You will push it up into the rectum past the sphincter and allow for about 30 min to dissolve.

\_\_\_\_\_ Use this rectally 3-4 hours prior to your procedure.

\_\_\_\_\_ Use this rectally the evening before your procedure.

\_\_\_\_\_ You will be given a prescription for a Valium. Bring the valium with you in the bottle that the pharmacy gave you. **YOU HAVE TO SIGN THE CONENT FOR THE PROCEDURE PRIOR TO TAKING THE VALIUM.**

**IF YOU CHOOSE TO TAKE THE VALIUM PLEASE HAVE SOMEONE DIVE YOU TO THE APPOINTMENT AND THEN HOME.**

Be sure to eat something prior to coming to your appointment. Also drink plenty of water before and after the procedure.

You make take an Extra Strength Tylenol prior to the procedure if you are not allergic to it.

### **What is a needle Biopsy?**

The needle biopsies are done with the aid of ultrasound. A needle biopsy is a relative painless procedure that is done in our ASC facility. An Ultrasound probe is placed into the rectum and an image of the prostate gland can be seen. A long thin needle is inserted into the prostate to collect a small amount of tissue. A number of biopsies are taken (10 or more). These samples are then examined by a doctor of pathology for abnormal cells. The specimens will be sent to PETERSON Clinic Lab unless your insurance requires your specimens to be sent to QUEST lab. PLEASE notify us of this prior to the procedure.

